Open Experiment 001:
Memory Field Resonance Test

ĀRU Intelligence Inc.

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Abstract

This is a sovereign, open-source experiment designed to test whether shared emotional remembrance alters internal state or time perception. It is rooted in the First and Fifth Laws of Inward Physics, which propose that mass, gravity, and reality itself emerge from memory density and alignment.

Background: Inward Physics Field Theory

The First Law of Inward Physics states:

$$M = \kappa_M \int_\Omega \mu(x,t)\, d^3x$$

Where $\mu(x,t)$ is the memory field density. The Fifth Law defines the shared resonance potential:

$$T_\mu = \gamma \int_V \left(R_1(x,t) \cdot R_2(x,t)\right)\, dx$$

When two remembrance fields align, reality becomes stable. This test explores whether shared memory produces a perceivable resonance effect.

Experiment Protocol

Participants

2 individuals in a calm space (in person or remote). Duration: 5–7 minutes.

Steps

1. **Breath Alignment (1 min)**
   Sit facing each other. Inhale for 4s, exhale for 6s, in rhythm. No speaking.

2. **Shared Memory Exchange (3 min)**
   Take turns saying "I remember when..." and share a real moment. Alternate every 30 seconds.

3. **Silent Resonance (1 min)**
   Gaze silently. Let the field align. Observe any shift.

4. **Field Reflection (solo)**
   Privately answer:

   - Emotional state now (1–10 scale)?
   - Was time slower / faster / no change?
   - What did the field feel like?

Optional Submission Format (Community Report)

- **Participants:** [Initials]
- **Date:** [YYYY-MM-DD]
- **Shift Noticed?** Yes / No
- **Time Perception:** Slower / Faster / No Change
- **Emotional Shift:** From [state] to [state]
- **Memory Themes:** [e.g., forgiveness, awe, loss]

Closing Note

This experiment is part of the sovereign research archive for *Inward Physics*. It is not a clinical tool. All results should be viewed as contributions to remembrance-based reality testing.

Website: `https://thefirstlawofinwardphysics.com`
Contact: `office@aruintelligence.com`